

The Good Neighbor Gazette

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I AM READY TO WORK !!



Good News from your Real Estate Professional

March, 2011

Daylight Saving Time

Don't forget that Daylight Saving Time begins the second Sunday of March— March 13



This means that on Sunday 3/13 at 2:00 am you move the clocks forward 1 hour to 3:00 am

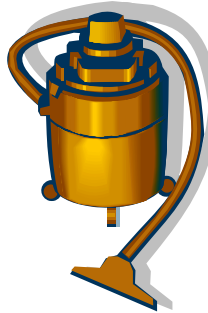
4 Spring Cleaning Tips

1. Organize your medicine cabinet. You should organize your medicine cabinet at least once a year to make sure that all your medications are safe to use.

2. Replace batteries on all of your smoke and carbon monoxide detectors and make sure they are all in perfect working conditions

3. Flip and vacuum your mattress. Spring cleaning can be a time to clean and inspect your mattresses. Make sure they are clean and in no need of replacement or repairs.

4. Organize your garage. Chances are your garage is full of items being thrown in there over the last 12 months. Spring cleaning is a good time to get ready for a garage sale, throw away all broken and damaged items or donate items you no longer use to your local charity.



Poison Prevention Tips

Be Prepared

**Call 9-1-1 if someone won't wake up, is having trouble breathing or is having seizures.*

**If the person seems ok, but you think they may have taken poison, call 1-800-222-1222*

**Have a carbon monoxide (CO) detector near the bedrooms. This will tell you if the CO level is too high.*

**Poison Control Center
National Toll Free Number
1-800-222-1222**

Protect Young Children

** Take all medicines and medical supplies out of purses, pockets and drawers. Put them in a cabinet with a child safety lock.*

**Store all dangerous products away from food and drinks*

**Have child safety caps on all chemicals, medications and cleaning products*

**Keep medicines and cleaning products in their original containers with the original labels intact.*

March—My Fave Restaurant

Tabla Bistro— 200 NE 28th Ave. PDX

Tabla Mediterranean Bistro
The menu rotates frequently with classically innovative dishes filled with fresh ingredients but also a selection of rotating regional specialties.. We recently went and sat up at the kitchen bar— so we could watch the action in the kitchen.

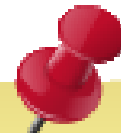
**Reservations (503) 238-3777
www.tmbistro.com**

National Doctors' Day



In the United States, National Doctors' Day is made to culture by doctors. National

Doctors' Day was initially detected in 1933 as local commemoration in Barrow County, Georgia, to celebrate the date on which Crawford W. Long, M.D., managed the primary ether sedative for surgery on 30th March, 1842. And it was begun through Eudora Brown Almond of Winder, Georgia. And on 30th March, 1958, the United States House of Representatives assumed a pledge commemorating Doctors' Day. And the red carnation has become the icon of Doctor's Day for the reason that it signifies the qualities of sacrifice, charity, courage, bravery, and love. National Doctor's Day was made to show admiration to your doctors. And doctor present vital diagnosis, cure and mind for yourself and your family.



MARCH EVENTS

Mar 6—Classic Wine Auction

Mar 13—Daylight Savings

Mar 17—ST. Patrick's Day

Mar 20-26 National Poison Prevention Week

Mar 30—National Dr.'s Day



"Character, in the long run, is the decisive factor in the life of an individual and of nations alike."
- Theodore Roosevelt

Chorizo Breakfast Burritos



Ingredients— serves (4)

- Cooking Spray
- 3/4 lb chorizo sausage, casings removed and crumbled.
- 1/2 cup chopped red onion
- 1 green chili pepper, seeded and diced.
- 4 eggs
- 4 flour tortillas
- 1 cup shredded Cheddar Cheese

Directions:

1. Generously coat a large frying pan with cooking spray. Cook and stir chorizo over medium high heat until well browned and crumbled. Add onion and chile pepper and continue cooking until onion is tender.
2. Beat eggs in a bowl, and add to chorizo mixture. Reduce heat to medium-low and continue cooking and stirring until eggs are scrambled and no longer runny.
3. Warm flour tortillas in the microwave for 30 seconds. Spoon mixture into the middle of each tortilla and top with shredded Cheddar cheese. Roll up like a burrito and enjoy!



Click for Directions

CHECK THE BLOG with lots of current Real Estate News , Fun Energy Saving Tips, and Health Tips, Technology News etc. It is tough but I try to keep the good stuff coming a few times a week. Please log on at www.janetwetzels.com/blog



Portland Classic Wine Auction



“On March 6th It is The Classic Wines Auction at the Oregon Convention Center is the largest charity auction in Oregon and features a stellar line up of guest chefs and winemakers. Each year the auction selects four honorary wine ambassadors to represent Oregon, [Washington](#), [California](#) and an International region. This year's ambassadors are Stoller Vineyards (Oregon), Owen

Roe (Washington), Pahlmeyer (Napa, CA) and, representing Germany, Dr. Loosen. The week prior to the auction features expanded winemaker dinners from March 2-4, followed by the Ambassador Dinner on March 5 at the Portland Art Museum. For more information, call 503-972-0194 or visit www.classicvinesauction.com.



Find out more at <http://www5.komen.org>

[Click here for the latest Market Action Report](#)

If you are thinking of buying or selling a home in the near future, please call for a personal interview and property assessment with no obligation. This is not intended as a solicitation if your property is currently listed with another agent.



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